



SanaVita

Center for Holistic Cleansing

Therapist: _____

Name: _____ **Date:** _____

Address: _____

City: _____ **State:** _____ **ZIP:** _____

Phone: (M) _____ **(H)** _____

Email: _____ **D/O/B:** _____ **Age:** _____

Occupation: _____ **(Work phone #)** _____

Marital Status: _____ **Gender:** _____ **Height:** _____ **Weight:** _____

Primary Care Physician: _____ **Phone #:** _____

Medications: _____ **Supplements:** _____

Allergies: _____

Any Other Deficiencies: _____

Emergency Contact: _____ **Phone #:** _____

Are You Pregnant? _____ **How Many Weeks?** _____

How Did You Hear of SanaVita? _____

Cleansing & Detox History: _____

Other Body / Energy Work: _____

Type of Exercise / X's a week: _____

Rate Your Stress Level from 1-10 & Describe: _____

What is the Intention for Your Cleanse? _____

Have you ever had Colon Hydrotherapy? _____

When? _____ **How Often?** _____

How many bowel movements do you have a day/week? _____

HABITS	Never	Daily	Weekly	Monthly
Alcohol				
Coffee				
Tobacco				
Recreational Drugs				
Prescription Drugs				
Exercise				
Restful Sleep				
Binge Eating				
Laxatives				

Do you eat organic fruits _____ **vegs** _____ **meats** _____ **dairy** _____

How much of your food consumption is home cooked? _____

How much water do you drink in a day? _____

INTAKE	Never	Seldom	Occasionally	Often
Raw Foods				
Green Vegetables				
Fruits				
Eggs / Dairy				
Whole Grains				
Red Meat				
Flour Products				
Artificial Sweeteners				
Sugar				
Soy Products				
Fried Foods				
Fast Foods				
Caffeine				
Soda				
Fruit Juice				

Stool Consistency	Stool Size	Stool Elimination
Formed	Small	Complete
Unformed	Medium	Incomplete
Hard	Large	Explosive
Runny	Pencil thin or flat	Strained
Other:	Other:	Other:

Colon Hydrotherapy, like any health treatment, does have certain contraindications, when it could be inadvisable to perform the therapy. The following is a list of such possible contraindications. If you have any such contraindication, it is your discretion and the discretion of your primary health care provider to decide if Colon Hydrotherapy should be avoided at this time. SanaVita, LLC does not claim to diagnose any such condition, and is not liable for any such ailments.

- | | | |
|---------------------------|------------------------------|---------------------------|
| Cancer of the Colon | Intestinal Perforation | Cirrhosis |
| Cancer of the GI Tract | Abdominal Hernia | Fissures or Fistula |
| Acute Abdominal Pain | Recent Colon/ Rectal Surgery | Pregnancy |
| Recent History of GI | Diverticulitis | Ulcerative Colitis |
| Rectal Bleeding | Recent Heart Attack | Acute Crohn's Disease |
| Congestive Heart Failure | General Debilitation | Rectal or Abdominal Tumor |
| Uncontrolled Hypertension | Vascular Aneurism | |
| History of Seizures | Renal Insufficiency | |
| Carcinoma of the Rectum | Epilepsy or Psychoses | |
| Abdominal Surgery | Severe Hemorrhoids | |

***** Please initial that you are aware of the above list of contraindications *** _____**
Please check any of the following that you have been experiencing within the past year.

General	Gastro-Intestinal	Gastro-Intestinal	Respiratory	Cardiovascular
fatigue	colitis	cancer	chronic cough	hard arteries
insomnia	constipation	hemorrhoids	blood in vomit	angina
weight loss	Crohn's disease	parasites	emphysema	poor circulation
dizziness	ulcerative colitis	diarrhea	bronchitis	rapid heart beat
fainting	diverticulitis	spastic colon	asthma	irregular heart beat
seizures	gall bladder disease	IBS	shortness of breath	high blood pressure
headaches / migraines	history of colon cancer in family	indigestion	sinus	congestive heart failure
depression	fissures/fistulas	intestinal gas		ankle swelling
enlarged thyroid	liver trouble	mucous		
blurred vision	cirrhosis	candidiasis		
bad breath	rectal bleeding			
brain fog	blood in vomit			

Muscle & Joint	Skin	OB/GYN	Genito-Urinary
arthritis	bruise easily	painful menses	kidney infection / stone
bursitis	dryness	vaginal discharge	painful urination
lower back pain	itching	breast pain	prostate trouble
neck pain	rash	pregnant	kidney failure
other pain	eczema		
swollen joints	psoriasis		

SanaVita would like to disclose a list of products and ingredients used in our Colon Cleansing services. If you have an allergy to any of these products or substances please tell us before your Colon Cleansing session. Thank you.

Products used during Colon Hydrotherapy:

- Chlorophyll
- Almond oil (with rose oil)
- Caster oil
- Essential oils: (lavender, tarragon, ginger, peppermint, juniper, fennel, lemongrass, anise, patchouli, ylang ylang, olive oil, sandalwood, blue tansy, sesame, geranium, rosemary, roman camomile, tangerine, orange, rosewood, lemon, rose, spearmint, nutmeg)

-Salves containing: stoneroot, calendula, witchhazel, comfrey, olive oil, beeswax
-Petroleum jelly

Products used after session:

- mineral drink: magnesium, calcium, potassium, zinc, manganese, silica, selenium, chromium, vitamin B-12, Biotin
-Probiotics
-Ionized Water

***** Please initial that you have read the above list of ingredients, substances, and products and that you have no known allergies to any of these products, ingredients, or substances *** _____**

To ensure that you have the best possible cleansing experience and to help you meet and exceed your cleansing goals, it is our policy to selectively follow up with clients after their visit with us.

If you would prefer not to receive a follow-up call, please check here _____

Please note that our services also include:

-Lymphatic Drainage
-Holistic Health and Nutritional Counseling
-Biofeedback
-Acupuncture
-Massage Therapy
-Ionic Footbaths
-Reiki

Please Read Carefully and Sign Below

SanaVita's services are not intended to be a substitute for a professional medical diagnosis or treatment. The therapists at SanaVita are not physicians, nor do they provide medical advice, diagnosis or treatment.

Colon hydrotherapy is not intended as a cure for disease but as a catalyst for better health. If you suspect health problems, please consult your medical practitioner.

Reliance on information provided by SanaVita is solely at your own risk and the contents of SanaVita's website are for general informational purposes only.

SanaVita disclaims any liability for any alleged injury sustained as the result of the use of its services.

Our website along with its contents has not been evaluated by the Food and Drug Administration.

I agree to pay in full at the time of service for all treatments that have been rendered. If I cancel, reschedule or skip an appointment without notifying SanaVita 24 hours in advance, I agree to pay half the full, non-discounted price of the treatment. I permit SanaVita to charge my credit card on file for any such missed or skipped appointments.

All of the information provided above is accurate and current to the best of my knowledge.

Signed: _____ Date: _____